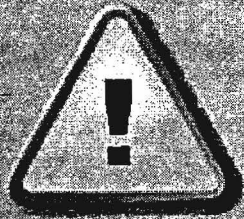


**WHAT TO DO IF YOU  
ARE SEXUALLY ABUSED?**



**IF THE ASSAULT HAS JUST HAPPENED**

- 1. GET TO A SAFE PLACE.**
- 2. REPORT THE ASSAULT TO ANY STAFF MEMBER IMMEDIATELY.**
- 3. SEEK IMMEDIATE MEDICAL ATTENTION.**
- 4. SEEK PROFESSIONAL HELP.**

**YOU ARE NOT ALONE!**

*Never be bullied  
into silence.  
Never allow yourself  
to be made a victim.  
Accept no one's  
definition of your life,  
but define yourself.-  
Harvey S. Firestone*

STATE OF NEVADA  
DEPARTMENT OF CORRECTIONS  
EDUCATION SERVICES  
PRISON RAPE ELIMINATION ACT (PREA)

**stop**  
living in silence

Sexual Abuse Awareness  
for the Offender

**VIOLENCE**

STATE OF NEVADA  
DEPARTMENT OF CORRECTIONS

PRISON RAPE ELIMINATION ACT (PREA)  
Public law 108-79, 9/4/2003  
Department of Justice  
28 CFR part 115

## FACTS ABOUT SEXUAL ABUSE

- ✓ Anyone, male or female, can be the victim or perpetrator of sexual violence.
- ✓ A rapist may be either heterosexual or homosexual.
- ✓ A survivor is not at fault for the rape/sexual assault, even if he/she was in a secluded area or had previous consensual sex with the attacker.
- ✓ The fact that a victim of sexual abuse became sexually aroused, or that a male victim ejaculated, does not mean he/she was not raped or that he/she gave consent. These are normal, involuntary physiological reactions.
- ✓ It is common for survivors of sexual abuse to have feelings of embarrassment, anger, guilt, panic, or depression.
- ✓ Other common reactions include loss of appetite, nausea, or stomachaches, headaches, loss of memory and/or trouble concentrating and changes in sleep patterns.

## PREVENTING SEXUAL ABUSE

- Be aware of situations that make you feel uncomfortable. Trust your instincts.
- Don't let your manners get in the way of keeping yourself safe. Don't be afraid to say "NO" or "STOP IT, NOW!"
- Walk and stand with confidence. Many rapists choose victims who look like they won't fight back or are emotionally weak.
- Avoid talking about sex and casual nudity. These things may be considered a come-on or make another interested in a sexual relationship.
- Avoid secluded areas. Position yourself in plain view of staff members.
- If you are being pressured for sex, report it to a staff member immediately.
- If you are aware that another offender is being sexually abused, you have a responsibility to report it to staff.

## HOW TO REPORT SEXUAL ABUSE

If you have been a victim of sexual assault, someone is pressuring you, or you are a witness, you can report by any of the following ways:

- ✓ Speak to any NDOC staff member
  - ✓ Inmate Request Form
  - ✓ Grievance
  - ✓ Emergency grievance if you were sexually assaulted within a 72 hour window.
  - ✓ Contact family or friends who can report on your behalf.
  - ✓ Inmates can also report directly to:
    - NDOC Office of the Inspector General – PREA Management
    - Nevada Attorney General
    - Just Detention International
- 3325 Wilshire Blvd  
Suite 340  
Los Angeles, CA 90010

**NO  
MEANS  
NO**

Anonymous reports may be submitted